



# NJCMA EDUCATION MEETING

Tuesday, February 12, 2019

## “Developing High Energy Working Culture”

Presented by Derek Deprey



### CORPORATE PARTNERS

### PLATINUM



### GOLD



### SILVER



### BRONZE

- Allied Beverage Group LLC
- Ecker Brothers
- Driscoll Foods
- Entegra
- Jackson Family Wines
- Jonas
- MembersFirst
- MJ Frank
- M Tucker/Springer
- Tree Tech
- Victory Pest Solutions

SHIFT: Move from Frustrated to Fulfilled Every day, we move in one direction or another. We're free to choose from endless possibilities. Only you can choose the direction for the rest of your life. Whether you are a seasoned executive, emerging leader, stay-at-home parent, or college student, frustration is inevitable. Now is the time for you to SHIFT from, "I'm so busy and stressed," to, "I'm living my ideal life right now." In this presentation, Derek will teach you a 5-gear process that you can apply in your personal and professional lives. Each gear will uniquely move you from frustrated to fulfilled. Through powerful questions and compelling exercises, you'll discover how to make today the day you are inspired to change. It's your next move!

#### Learning Objectives:

- Learn how to confront your fears.
- Learn how to form your core values.
- Learn how to pursue personal growth.
- Learn how to visualize your preferred future.
- Learn how to adopt a positive mindset.
- Learn how to personalize your ambitions.
- Learn how to exercise meaningful action.
- Learn how to fulfill your ideal life.
- Learn how to inspire fellow travelers.

**Crestmont Country Club**  
750 Eagle Rock Avenue  
West Orange, NJ 07052

Host Manager: Tim Clinton, CCM, Ludi Zuberi

Registration: 1:30 pm  
Program: 2:00 pm—5:00 pm  
Networking Reception Following

#### 3 Education Credits

Register online at [www.njcma.org](http://www.njcma.org)

You are requested to wear your name badge



**EDUCATION MEETING**  
**DEREK DEPREY**  
Tuesday, February 12, 2019

**Registration Form**

CLUB NAME \_\_\_\_\_

MEMBER NAME: \_\_\_\_\_

GUESTS FULL NAME: (Please Print)

1. \_\_\_\_\_

6. \_\_\_\_\_

2. \_\_\_\_\_

7. \_\_\_\_\_

3. \_\_\_\_\_

8. \_\_\_\_\_

4. \_\_\_\_\_

9. \_\_\_\_\_

5. \_\_\_\_\_

10. \_\_\_\_\_

Please make your check for \$50.00 per person payable to Crestmont CC and send your check and reservation to:

Tim Clinton, CCM  
Crestmont CC  
750 Eagle Rock Avenue  
West Orange, NJ 07052

Amount Enclosed: \_\_\_\_\_

# DEREK DEPREY



Much of Derek's day is spent as the director of people & service for the Wisconsin Athletic Club (WAC) where he teaches over 1,000 team members the core principles of leadership, training, and personal development.

Shortly after joining the WAC, Derek couldn't get enough of what he was studying, learning, and applying, so much that he created his own business, Move Results, as an avenue to engage and impact others through motivational speaking, leadership skill-building facilitation, coaching, and writing. He is the author of SHIFT: Move from Frustrated to Fulfilled. Derek feels that the best business to start is one that you need yourself. He just knew it was right because, still to this day, he goes to bed and wakes up every morning excited to pursue his business. It truly blends his day job and dream job.

Derek's diverse career endeavors also include Wisconsin Lutheran College as an adjunct professor of adult and graduate studies. Additionally, he is certified to teach content from John Maxwell, Franklin Covey, and Ken Blanchard.

In his past career, Derek spent four years as a video scout in the NBA with the Milwaukee Bucks, two years as the coordinator of basketball operations in the NCAA with Marquette University, and one year as the director of player development with the University of Utah.

If there's anything he's learned in the past decade, it's that now is the time to build your career, to shape your life, and to strategically work on laying the foundation for accomplishing your dreams and prospering to your true potential. While there are many people who try to accomplish this, very few of them are given a roadmap of where to start; thus, Derek hopes you will find him as your resource for getting your compass pointed in the right direction.

## **Videos at [DerekDeprey.com](http://DerekDeprey.com)**

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